

Clarke Courier

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Issue 15

Clarke College, Dubuque, Iowa

Friday, February 20, 1987

TV newswoman speaks at Clarke

by John Kemp

Liz Mathis, anchorwoman and reporter at KWWL-TV in Waterloo, was on the Clarke campus, Tuesday, Feb. 17, as part of Clarke/Loras Peace and Justice Week.

Mathis came to Dubuque to talk about a segment that KWWL-TV aired in November, shortly after the super powers summit. The segment "New Baby Boomers: Children in the Nuclear Age," caught the eye of Judy Geisen, Loras Peace and Justice coordinator. Geisen asked Mathis to speak during a brown bag luncheon at Loras.

While at Clarke, Mathis took the opportunity to lecture during two communication courses.

In the Public Relations class, Mathis spoke on her responsibilities as a public relations person for KWWL-TV. She said it is important to represent oneself well. She also said it is important to represent the company you work for as well.

Later in the afternoon, Mathis lectured the students in the communication law and social responsibility class about the responsibilities and necessities of ethics within the elec-

tronic media.

Mathis said that as a reporter, "you have to be as accurate as possible when doing a story. It never hurts to check and re-check the sources and facts before deciding to air the story."

As an anchorwoman, she is responsible for making sure that the information handed to her has been edited by the news director and producer. If not, the information has the possibility of appearing inaccurate, which happened to be the case last week. "One of our reporters did an

article on the 'Cop of the Year' and his first and last name appeared misspelled on the screen," said Mathis. "When that happens it makes Ron (Steele) and I feel rather embarrassed."

Mathis, who reports on a variety of features in Iowa, is responsible for the weekly television feature, "Iowa Illustrated." She also travels many miles across the state of Iowa to report on a story. "I sometimes spend hours on the road just to get a good feature," said Mathis. She highlighted an experience she had last week when the entire story she was working on had to be re-shot because the quality of the camera work was so poor.

Mathis also spoke about the television industry and the problems it is facing. "The television industry is being sued left and right, so its important that every fact is correct," said Mathis.

In most of her general reporting assignments, Mathis said she continues to prefer doing her own photography. "By doing your own photography, you can count on accurate photographs."

Mary Carol Harris, instructor of the communication courses Mathis visited, said it was nice to have Mathis speak to students. "The field professional's prospective is helpful to the student in determining career pathing."

Women's history month to be highlighted with speakers, discussions

The following events describe what will be presented in Women's History Month. The events will emphasize both the story of women in the past and the experience of women in the present. While each segment of the ongoing series will contribute to this historical focus, funding is requested for the three feature events since the presenters in these sessions appear regularly in public forums and their appearances involve established fees.

On Tuesday, March 10, at 7:00 p.m., a lecture and discussion, will be conducted by Jackie Gayman, entitled "The History of the Women's Movement." The primary purpose of the opening session will be to introduce and review highlights in the development of the women's movement, with emphasis on what has happened in the past three decades.

Featured on March 12, at 7:30 p.m., will be "Significant Black Women in History," with particular emphasis on Harriet Tubman, Sojourner Truth and Mary McLeod Bethune. Helen Humeston will introduce the event, placing it in the context of a general consideration of women in history. Following Niambi Webster's dramatic presentation of the three black women, both she and Humeston will engage in a discussion with the audience, aimed at developing a greater awareness of, understanding of, and appreciation for the contributions black women have made to out history and culture.

Following an introduction by S. Carol Blitgen, Kate Davy will lecture on the topic, "Does Woman Exist: Crisis in Representation." The lecture will be held on Monday, March 16, at 7:30 p.m. In her lecture, Davy will explore in detail, what feminist theorists have described as the "crisis in representation." Using examples from literature, film and television, Davy will argue that historically, women have been eliminated as speaking subjects from representation. In discussion, the audience will be encouraged to use their own experience either to support or to refute the fundamental argument presented.

Blitgen will discuss several women playwrights on Thursday, March 19, at noon. Included in the discussion, will be well-known women like Lillian Hellman, as well as women appearing more recently on the dramatic scene. After Blitgen's lecture, the audience will have an opportunity to discuss the image of women in certain plays and the particular contribu-

tion of women to the development of American drama.

Women's work experience will be the topic for the event scheduled on Monday, March 23, at 7:30 p.m. Following an introduction by S. Sara McAlpin, Gerri Gribi will present her musical lecture, using folk songs to illustrate how women have worked and are working, not only in traditional areas, but also in a variety of non-traditional occupations, many of which history books tend to ignore. The presentation will lead to a discussion in which members of the audience will have an opportunity to test their own work experience, and their concepts of women's work experience, gleaned from literature and history, against those revealed in Gribi's presentation.

On Saturday, March 28, at 1:30 p.m., S. Maureen Whelan will introduce the audience to the five 19th century Irish women for whom the early major buildings on the Clarke campus were named. A sixth Irish woman, for whom another building was named in the 1960's, and two 20th century women, whose names appear on two resident halls on campus, will also be presented. All eight women belong to the congregation of the Sisters of Charity of the Blessed Virgin Mary, who founded the college in 1843. Basic biographical and historical information will be presented, with a period of question and answers following the presentation. This session has been planned during Parents' Weekend, so that visitors to the campus can become more aware of Women's History Month and the influence of specific women in the development of Clarke College.

In the final session of the series, Elaine Wheeler will consider the role of women as healers, both physically and psychologically, focussing on traditional and non-traditional means of healing. Following the presentation, the audience will be encouraged to explore their own understanding of women as healers on the basis of personal experience and their reading experience in history, literature and psychology.

The hope of the planning committee is that through the proposed programs, all participants will grow in understanding and appreciation of humanistic inquiry. The entire project has been designed to engage participants actively in expanding and deepening their own thinking about women.

Liz Mathis of KWWL-TV in Waterloo, speaks to the public relations class about her job as an anchorwoman. (photo by John Kemp)

Scholarship to be awarded

by Mike Tharp

Sophomore English majors should apply for the Sister Mary St. Clara Scholarship in English before Monday, March 16. The two-year scholarship provides \$200 per year for the selected English major.

The scholarship is awarded each year by current, full-time, English faculty members. The applicants are judged on the following criteria:

- Minimum 3.0 average in English after completing at least 9 semester hours of courses offered by the English department.
- Minimum 2.5 overall average after completing at least 3 semesters (min. 36 hours).
- A written application from the student incorporating their reasons for considering themselves a qualified candidate.
- At least two recommendations from people who can judge the ap-

plicant's academic performance. e. An interview with full-time faculty.

S. Mary St. Clara Sullivan was born 1893, in Cherokee, Iowa. She entered the Sisters of Charity of the Blessed Virgin Mary in 1921 and professed perpetual vows in August 1921.

S. Mary St. Clara came to Dubuque in 1918 to re-establish the home economics department at Mt. St. Joseph Academy, 10 years before the school was named Clarke. After leading the department for 51 years and being named professor emerita, she retired in 1969.

One of her many accomplishments was the "Clarke Kitchen of the Air," on radio station WKBB, which is now KDBQ. The show aired from 1938-1969.

In 1951, McCall's magazine

honored S. Mary St. Clara as one of the seven U.S. women "radio executives performing the greatest public service to women."

The scholarship was established in honor of S. Mary St. Clara by Clarke College home economics alumnae. It originally provided an annual monetary award to a home economics major.

In 1980, at the request of S. Mary St. Clara, the scholarship was transferred to the English department "to support an annual grant of \$400 to an incoming junior in the department of English."

Students wishing to apply, should submit a written statement to S. Pat Nolan, English department chair, and ask two people to submit recommendations on their behalf, not later than the March 16 deadline.

and Stripes' crew the America's Cup win over Australia

1983, the yacht Dennis Connor, lead in the lost to Captain Australia II by 47 p. This was the the history of up has been on can soil.

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er research

the expert talks directly to the pter without having to go through a programmer. Is what we are seeing now the next step in human evolution? Feigenbaum sees it as the coming of a new age. He says that human beings are very good at converting signals to cognitive signals, but in the face of solving problems that require a common sense. But in the face of amounts of data, we fall short. Claims we are unsystematic, writing and book technology, we overcome some of our problems and smart computers can even more. He says we should even ourselves credit for having intelligence to recognize our own limitations for inventing the technology to compensate for them.

Spring break offers variety of possibilities

by Kathy Wieland & Marie Rank
Because the Courier is not published during exam weeks, this is the last issue until Clarke students return from their spring vacation.

We want to take this opportunity to acknowledge all of the fun and exciting activities and vacations that many of you will indulge in during your free time.

Many of the seniors will not be having fun over spring break. They will be typing out resumes and setting up job interviews so they can become part of the working world after graduation.

Some seniors may spend their vacation time filling out long, detailed applications for graduate school. We don't know how motivated those seniors will be toward doing such a thing. Facing more years of higher education is not on our minds at this stage of our lives.

For other students, spring break may be as hectic as the situations mentioned above. Resumes and plans for internships will be put into plan. Term papers and presentations that are due after break will be worked on and part-time vacation jobs maybe renewed.

Then there are those students fortunate enough to take a "real" spring break. Cars, vans and buses will be packed full of students, swimsuits and beach balls. To us, this is the ideal way to spend a vacation, relaxing on sand, with the sun tanning our white "little" bodies. These fortunate students have only one command to follow, bring us too!

Regardless of how fun this may all sound, there are still more students who will road trip home to spend a week with Mom, Dad and the little brothers and sisters. This can be fun for some students, especially those who have friends on break, or who have significant others from the same home town. But, for the most part, there will be a lot of T.V. watching and mall shopping.

No matter how many different directions spring break will take us on, there is one group of students going on a very special spring break. This is the group of students who will venture far into the hills of West Virginia and visit the poor of Appalachia. Even though they haven't been selected yet, we wish them the best spring break of all.

Staffer speaks her piece



by Theresa Trenkamp

I was sitting in my room the other day trying to decide on a topic for my article when it occurred to me that it would probably be another topic that would be criticized.

As a writer, I have to be able to handle criticism, when it's said directly to me or to the editors. I'm tired of hearing criticism behind my back.

If you feel you have to criticize the paper, or certain articles, come and talk to those in charge or write a letter to the editor, this opportunity is always available.

Confronting the newspaper staff with problems is a step forward. We can't improve if we don't know what the problems are. We are willing to answer questions and we accept comments as well as complaints.

This school has hundreds of

students, but only a few who are actually involved with the paper. Some people are constantly criticizing the newspaper and staff as well. I'd like to ask these people to take the time to talk with us, or if they think they can do a better job we encourage them to give it their best shot.

We are not the professionals that most people think we are. I was told that if I was a professional I wouldn't be paying thousands of dollars a year to go to school, I'd be out in the working world.

This paper is run by students, and students only. This is a learning experience for us, and we can't learn if we don't make mistakes or aren't corrected when we do so.

The articles we write are graded just like any other assignment. The production of the paper is also graded. As far as I'm concerned, I'm learning from this like I learn from any of my other classes.

One of the best things about being a writer is that I am able to write just about anything I want as long as I don't libel someone. When an article is written on someone or something it is written because we feel it is important and you should be informed of it.

I had an experience of interviewing someone for the paper only to find out that this person was not satisfied with what was written. As I said before, this is a learning experience and if

you feel you should add something to the interview feel free to. If the article is not pleasing to you, then your needs and wants are or were not stated clearly to the staff. The quotes we use are your own quotes, we don't make them up. We may have to correct your grammar a little, but no major changes are made on your responses.

If anyone has comments, complaints or suggestions come to us or write us a letter. Any ideas for articles are also accepted. This may be a small campus, but with a few people on the staff we can't know everything that is going on throughout the campus.

We also take suggestions for printing articles about activities happening in the Dubuque area that you may feel the students and faculty might want to know about.

We would like to make this paper one that you can be proud of and want to read, but we can't do that without your help. This is your school paper, so help support it and help others to as well, and your first step is to let us know how you feel and what you want to read about. The Courier staff is involved in a major where their homework and credit assignments are published weekly on the campus. Other students can make mistakes in their class assignments with just the teacher recognizing the mistakes.

Stress: Symptoms correspond to four basic lifestyle needs



Student stress results in lower retention rates, according to Charles Nelson, a social psychology professor emeritus at Indiana State University. Students lose Student stress results in lower retention rates, according to Charles Nelson, a social psychology professor emeritus at Indiana State University. Students lose the energy or will to study and drop out. To help schools and students understand campus stress, Nelson has developed the Quality of Life Survey.

More than 1,200 students provided information about their academic goals, lifestyles and physical symptoms. Nelson found the students' symptoms corresponded with four basic lifestyle needs:

1. Some students need a lot of order and security. "Role ambiguity is their worst problem; it creates anxiety, and sometimes ulcers," Nelson says "normlessness" strongly affects these students. A structured school, even a military school, might work for them.

2. Students with a "Type A" personality are the overachievers. "They have a high need for meaningful work and achievement. When they're frustrated, they become hostile." Type A students often showed symptoms that could eventually lead to heart disease, like high blood pressure or pains in their arms or legs. The worst problem for these students is role complexity, or "hav-

ing a role that is not clear enough in its purpose," said Nelson. Students must sometimes take different kinds of courses to complete their major's requirements. But if the courses don't seem to hang together, some people get frustrated.

3. Like actors and athletes, students with a high need for recognition and self expression may show symptoms of depression and early signs of arthritis. "Role rigidity is the worst thing." These students should take correspondence or independent study courses that provide an opportunity for personal expression. "Their work should be individualized."

4. A high need for belonging characterizes those who show a drop in immunities, loss of weight, or other precursors of cancer. Isolation is their biggest problem. Joining groups of people who share common interests is especially helpful to these students.

Most people have all four of these needs. But those with a particularly high need in one area often have corresponding physical ills.

The biggest sources of student stress:

- Reaction symptoms, signs of illness in response to pressure, a condition that not only signals stress but increases it. Reaction symptoms are relatively easy to analyze. People can learn exercises like deep breathing to help them relax.

- Coping resources refers to the ability to interpret events. Some people hear a noise in their house and immediately think it's a burglar—when, in fact, it's just the wind. Students with low coping skills should plan ahead for tests. "Find out from your professors when they're coming."

- Role conflict is a typical source of stress for sophomores choosing a major and for seniors choosing a career.

- Organizational climate includes school leadership, departmental effectiveness, and the kinds of values supported on a campus. Schools can

do much to lower stress, says Nelson. They can tell a student how to deal with the registration process and explain school regulations. Individual departments can help students choose a major or choose a career.

Nelson wants schools to establish support groups for students; based on their basic lifestyle needs. Students sharing a high need—for order, achievement, recognition or belonging—could meet together, planning strategies to overcome their special problems. Support groups and other school efforts are key in student success.

(This article has been reprinted from the National On-Campus Report)

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The Courier welcomes any comments or letters to the editor. All letters must be signed. The editor reserves the right to edit letters when necessary and to refuse letters deemed unsuitable for publication. All correspondence should be addressed to the Courier Box 174.

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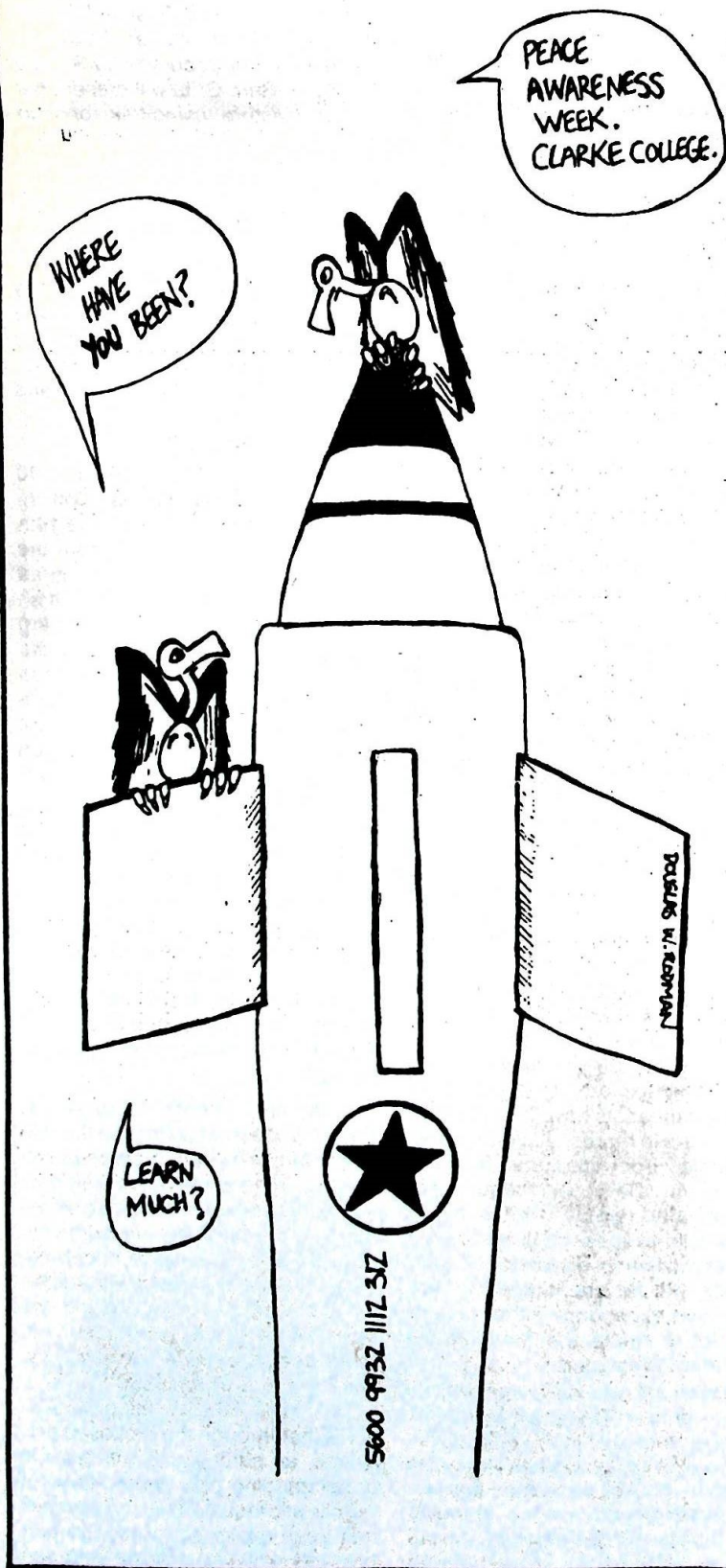
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Jim Wand
for a stan

by Becky Ede

The well-known hypnotist Wand, performed Sunday n Clarke's new music hall in front of an audience with standing room only. Wand, who has a B.A. and psychology, performs at over colleges, high schools and churches each year.

Wand has used hypnosis in football, basketball and baseball. In the past, he has worked with Brad Lohaus of the Hawkeyes as well as some Chicago Bears.

Wand also engages in hypnosis and needs only four hours of sleep each night. He uses self-hypnosis as a fo

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The Christmas Seal People

Carriage House extends 'an invite'

by Kelly Smith

Among the sullied, time-worn buildings on Central Avenue, a piece of history has been preserved. The Carriage House Cafe, located at 1543 Central Ave., guards its precious antiquity and, at the same time, offers personal, homespun service that is characteristic of its past.

Gloria Markus and her husband, Ron, opened the cafe in August of 1985. Complete with original shutters and etched glass design, Markus said naming the cafe was easy. "Ron and I were standing in front of the building admiring the unusual structure and wishing the old place could talk," she said. "We found out that it used to be an old carriage house and that's how we came up with the name."

Shortly after the Markus' opened the cafe, the Dubuque County Historical Society awarded them for historical preservation and restoration in the city.

The Markus' said they wanted to offer people a friendly place with a homey atmosphere. "The only experience I've had in the food business has been at home cooking for my family," she said. "I love to cook, and I love to sit down and share a meal with people. We try to create the same atmosphere for our customers."

Entering the Carriage House is like stepping into Grandma's dining room; you're immediately reminded of how good a homecooked meal is by the aromas.

According to Markus, nutrition is an important consideration when preparing the daily menus. "The majority of our entrees are either baked or roasted, nothing is deep fried," she said. "We offer more nutritious foods for people who are health con-

to avoid repetition. "We want it to be just as if you were on your way home wondering what was going to be for dinner," said Markus.

Somehow a homecooked meal just doesn't seem complete without a homebaked dessert. Markus' mother, Billie, offers her very own homemade pies to top off the perfect meal.

Aside from the traditional fruit and cream pies, Markus prefers her grandmother's red raspberry custard pie. "The recipe has been in the family for generations," said Markus, "and it's so good I wanted to share it with my customers."

In addition to the responsibilities shared with her husband, Markus boasts a staff of four terrific waitresses and her father, who she affectionately refers to as their number one "golfer." "Everyone is so supportive. Even my three teenage sons help with dishes periodically."

With so many businesses moving to the west side of town, restaurants like the Carriage House have had to rely mainly on surviving downtown establishments for support.

Markus claims the parking meters pose a bad situation for her customers. "Several customers have received tickets and they won't come back because of the meters. We

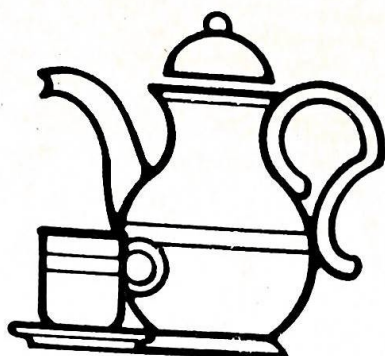
desperately need a parking lot for our business."

Markus and her staff are willing to prepare any entree or dessert requested. "If anyone has a hankerin' for a special dish, all they have to do is ask. People take time out to come here and we want it to be special for them."

The Carriage House Cafe features breakfast and lunch Monday through

Friday, 6 a.m. to 5:30 p.m. and Saturdays, 6 a.m. to 2 p.m.

Markus invites students, faculty and staff of Clarke College to come in for a free drink. "Bring in your copy of this article for a free drink of your choice and enjoy our homelike atmosphere. The people of Dubuque have been very good to us; we appreciate their business and the time shared here."



scious or just watching their weight."

Markus also said that she prepares and serves everything just the way she has for her family over the years.

Nutritional importance is not the only concern for customers of the Carriage House; menus change daily

'Platoon' captures war with brutal realism

Now Showing



by John Kemp

Platoon, directed by Oliver Stone, tells the story of the conflicts, struggles and unanswered questions of the Vietnam War. Stone, a soldier in the Vietnam War, uses much of his own experiences to give the audience a realistic atmosphere of what Vietnam was actually like.

Based on a true story, Platoon stars Charlie Sheen as Chris Taylor, a baby-faced soldier who is thrown into the nightmare of the war. On Taylor's first night of patrol, he watches the enemy approach the line and is overcome with the fear of death.

On Taylor's second night of patrol, the platoon enters a village. Taylor, who is petrified with fear, shoots at some of the Vietnamese villagers. Seargent Barnes, played by Tom Berenger, pulls his troop and the villagers out of the village, after setting it on fire.

Later, Barnes sets out to kill Seargent Elias, played by William Dafoe, who had earlier prevented a massacre which Barnes wanted to carry out. Taylor finds out later, while flying off of the island, that Barnes has shot Elias and left him on the island to die. This creates a motive for Taylor to later go after Barnes.

As the film progresses, Taylor becomes a gun hungry rebel, who appears to be a threat to himself as well as to others. On his last patrol in the film, Taylor and Barnes come face-to-face and solve their differences in a deadly way.

Despite how cruel all of this may seem, it is, nevertheless, the true story of one man's reaction and remembrance of Vietnam. The American soldiers are in this country for one reason and one reason only: to win a war.

It certainly isn't difficult to see the

time and effort that went into the development of this film. Stone did not sit down with the intention of writing a "war film." Instead, he used his own experiences of the war to portray Vietnam in a realistic manner.

This film doesn't rely on Hollywood heroes, such as Sylvester Stallone or Chuck Norris, to tell its story.

Obviously, the film doesn't tell everything that happened during the Vietnam War. However, I'm certain that many veterans of the Vietnam War can relate to some of the events that are portrayed in the film.

Because of the true-to-life scenes that are depicted in the film, the Academy of Motion Picture Arts and Sciences, along with many counseling centers, have recommended that Vietnam veterans not see this film alone.

The film has been nominated for eight Academy Awards. It is one of the most powerful films I've seen in a long while.

If you want to learn more about the Vietnam War or see what happened 20 years ago in a country several thousand miles away, then Platoon is a film worth your attention.

Have a great spring break!



Jim Wand performs in new music hall for a standing-room-only audience

by Becky Ede

The well-known hypnotist, Jim Wand, performed Sunday night in Clarke's new music hall in front of an audience with standing room only.

Wand, who has a B.A. and M.A. in psychology, performs at over 500 colleges, high schools and conventions each year.

Wand has used hypnosis to help football, basketball and baseball players. In the past, he has worked with Brad Lohaus of the Iowa Hawkeyes as well as some of the Chicago Bears.

Wand also engages in self-hypnosis and needs only four to five hours of sleep each night. He also uses self-hypnosis as a form of

weight control.

Wand formerly weighed 198 pounds and now is able to keep his weight between 136-138 pounds. "Post-hypnotic suggestions can last a long time with proper reinforcement," said Wand. "It takes about 21 days for the average person to stay hypnotized."

Wand describes hypnosis as "power of the inner mind." He said, "When you're hypnotized, you're not unconscious or asleep. You're still aware of everything going on around you."

According to Wand, there are only two reasons why a person can't get hypnotized. "Either you don't want to be hypnotized, or you're trying too hard," he said.

Wand said that many people are afraid to be hypnotized. "People feel that they will be under someone else's control," said Wand. "They won't do anything against their will."

Wand said people also fear that once they are hypnotized, they will "never come back." He said there is no way a person can be locked into hypnosis.

Wand said that he is constantly asked about the feeling one gets when under hypnosis. "Think back to the best feeling you've ever had," he said, "and multiply that by 10."

Students invited to apply for Beckman Service Grant

S. Katherine Ann Beckman, BVM, and her family invite the students, faculty, staff, administration and Sisters of Charity, who are considering a service project with the poor, to apply for the Beckman Service Grant.

Deserving applicants who are chosen as recipients will receive money to assist with living, ministry, and/or transportation costs during the service project. Only projects that the service project, powerless or oppressed that promote constructive change in institutions and structures affecting the well-being of people will be considered.

Priority will be given to projects

that are directed to the cause of a problem or that offer a service that would not otherwise be available. Projects related to the BVM congregation or Clarke College while benefitting numerous people will also be highly considered.

Applications will be processed by two campus ministers and the Phoenix moderator after the application deadline, March 6. Applicants must submit the written application, available on bulletin boards near the Cafeteria and first floor CBH or from S. Barbara Kutchera, and two letters of recommendation. Applicants will be interviewed by the selection committee.

How are your thinking skills? Here are some problems to play with. Each problem is an equation that can be solved by substituting the appropriate words for the letters. Have fun.

EXAMPLES:
3F = 1Y (3 feet = 1 yard)
4LC = GL (4 leaf clover = good luck)

1. M + M + NH + V + C + RI = NE
2. "1 B in the H = 2 in the B"
3. 8 D - 24 H = 1 W
4. 3 P = 6
5. H H & M H at 12 = N or M

6. 4 J + 4 Q + 4 K = all of the F C
7. S & M & T & W & T & F & S are D of W
8. A + N + A F + M C + C G = A F
9. T = L S State
10. 23 Y - 3 Y = 2 D
11. E - 8 = Z
12. Y + 2 D = T
13. C + 6 D = N Y E
14. Y - S - S - A = W
15. A & E were in the G of E
16. "N N = G N"
17. N + P + S M = S of C
18. 1 + 6 Z = 1 M
19. "R = R = R"
20. A L & J G & W M & J K were all A

TAKE CARE OF YOUR LUNGS. THEY'RE ONLY HUMAN.

AMERICAN LUNG ASSOCIATION The Christmas Seal People

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Drug testing has pros and cons

by Jim Goetz

As I sat at home watching the Hawkeyes beat Illinois 66-61, something during the half-time show grabbed my attention. NBC Sports interviewed the University of Nevada-Las Vegas' head coach Jerry Tarkanian about a former, future basketball recruit. No, the athlete did not die.

What Tarkanian did talk about, was the tragedy of a 19-year-old basketball star who got involved in drug abuse. The main purpose of the discussion was why he is not going to be playing for the Running Rebels next season.

Tarkanian is a strict disciplinarian when it comes to drugs, especially with his athletes.

Drug abuse can be detected in the warm-ups of the Running Rebels. A message printed in the gym says:

"No Drugs," short and to the point. Tarkanian has also been known to dismiss any player with an association of drugs.

A strong advocate of drug testing, who was banned from playing in the 1987 Orange Bowl, is Brian Bosworth. Bosworth was banned for flunking the steroid test. He freely admits using steroids under the supervision of a licensed physician. Bosworth was also counseled on the hazards of steroids and the lifestyle that he would have to live because of his use of steroids: proper diet, no alcohol and no drugs. The result of his use of steroids cost him an appearance in any post-season bowl game along with 20 or more other athletes.

Bosworth who has never been "out spoken," had many comments

about the NCAA, saying that the initials NCAA stood for "National Communists Against Athletes." He has also questioned many times why those users of illegal drugs did not get banned from any post-season bowl game. The answer is simple. The NCAA didn't test for it, that's why. They speak out against it on television and in paid advertisements, but they don't test for it.

The big question now is who is going to be the next athlete that is going to join Lenny Bias?

Steroids are harmful, but I have yet to hear of anyone dying from a steroid injection.

Drug testing is something that has just started to be implemented this year. Some schools are testing for illegal drugs such as cocaine and

marijuana. Athletes in those schools who have tested positively in drug tests have been submitted to drug counseling. Even the professional ranks have demanded that athletes submit to random testing.

Now that I've exhausted the drug testing issue on the big money scale, in both the college and pro ranks, let's bring it a little closer to home and talk about the small college ranks.

Steroids may not be a problem on the small college level, mainly because the odds of some of the athletes getting into the professional ranks are so remote. But illegal drugs

can and will be a problem at all levels and should be stopped. Athletes represent an institution and should be the very best they can be, not just in sports but in the classroom and social atmosphere.

Rumor has it that NAIA, the athlete association of Clarke College, may request that testing for illegal drugs be mandatory for all athletes. What could this do to the Clarke athletic department? I have no idea. But if Clarke does implement a drug testing program, it will show that Clarke is taking an active role in the health of its athletes.

Intramurals lack support

by Anita Kline

Intramurals at Clarke were off to a slow start this year. Aside from flag football and an assortment of one-time events, with few participants, there was very little intramural activity.

Some might assume the lack of activities is due to inadequate funds or an incompetent director, neither is the case. Intramurals has its own separate budget and an active, enthusiastic, well-organized director, both for last semester and for this semester. Maggie Dittburner, director of intramurals last semester has passed the title to Brian Shaw, a current freshman at Clarke. Shaw is assisted by Freshman Vanessa Van Fleet.

These two people have been working to find activities which will provide enjoyment for a number of students. Shaw said, "We are trying to change

intramurals into a less 'jock-oriented' program, while still keeping with the sporting aspect." Shaw has come up with a variety of activities which would allow for this, such as: three-on-three basketball, frisbee, floor bowling, regular bowling, volleyball and Clarke's first annual "Birdie Kill" (badminton tournament), to be held on this Saturday from 1:00 to 6:00 in the PAC.

The problem with getting these and other activities underway is student participation, or the lack of student participation. Martha Siembieda, an intramural wing representative, said, "Intramurals are a bit shallow right now because there aren't enough people coming out and taking part in the events that have been planned."

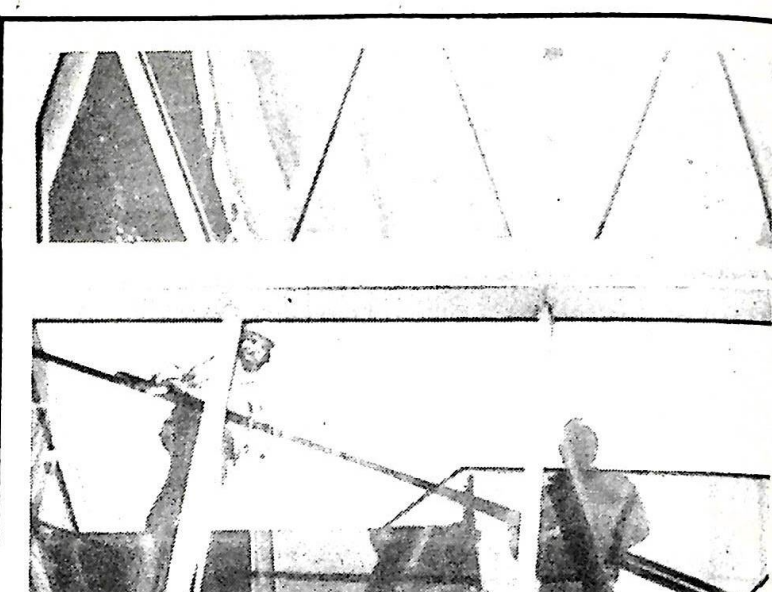
Shaw has problems trying to decide if it's the type of activities being offered, or if the students simply don't care to participate in the in-

tramurals, or if it is the times which they're offered.

"We are looking for ways to improve the program so that more people will get involved. We can provide the campus with an outlet for social interaction, mixed with athletics," said Van Fleet. "With increasing participation, intramurals will eventually offer an alternative activity for the students."

Other possible activities which have been discussed are four-man softball, water volleyball, miniature golf in the PAC, mud volleyball, mud football, two-on-two beach volleyball and an all school picnic with water balloon fights, tug-of-war and other games.

"Intramurals are for for the students at Clarke. We can't do our job unless we know what the students want, and even then our efforts are worthless without avid student participation," said Shaw.



Construction workers scale high above the Clarke campus as they put the finishing touches on the atrium. (photo by Jim Goetz)

Spring blood drive to be held Feb. 24 in Physical Activity Center

by Joan Soppe

S. Elizabeth Ann Coffey and Brian Shaw are the co-coordinators of the spring semester blood drive that will be held on Tuesday, Feb. 24, from 10 a.m. - 2 p.m. in the Physical Activity Center (PAC).

Sign up sheets are available in the student dining room for anyone interested in donating blood or volunteer time.

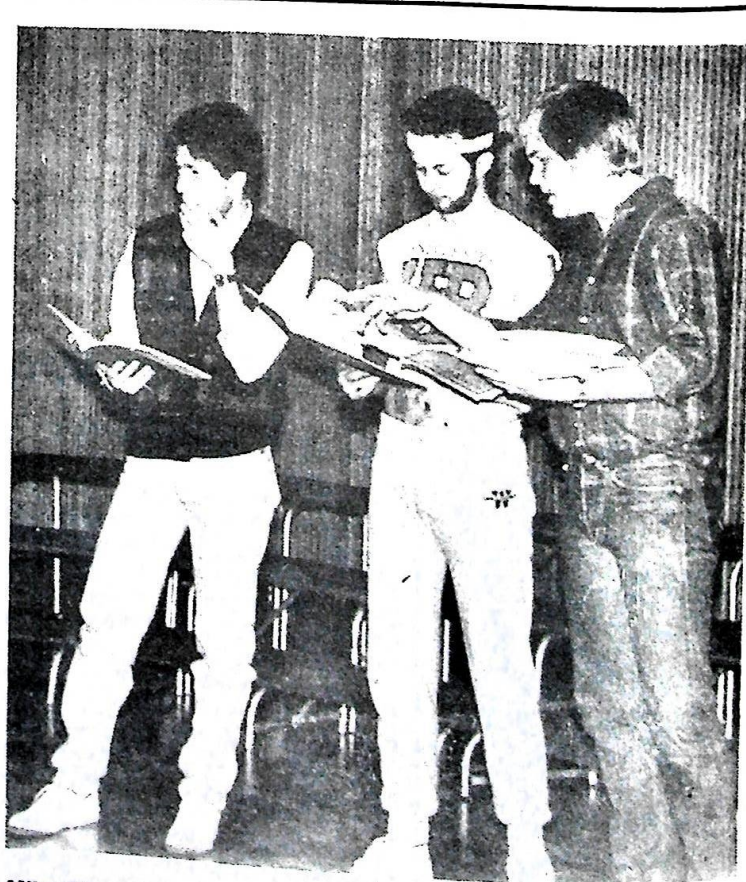
Volunteers are needed to help sign up donors and escort them to a designated area after they have donated blood. "I hope that those

who are unable to donate blood will instead give their time to volunteering in other ways," said Shaw.

When donating blood, a student is asked to fill out a health history form. A nurse will then check the donors pulse rate and blood pressure.

It takes between 20 to 30 minutes to donate blood, but the actual donating of blood takes approximately 10 minutes. After donating blood, the donor is taken to a designated area and given refreshments to help replace blood fluids.

For further information call S. Coffey or Brian Shaw.



Mike Cissne, Gregg Jones and David Schrader rehearse in the new music hall for the opening of 'Pirates of Penzance,' on Wed., Feb. 25. (photo by Jim Goetz)

CONGRATULATIONS

Patty Roth



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Starts Fri. Feb. 20
Radio Days (PG)
1:00 3:15 5:20 7:30 9:30

Starts Fri. Feb. 20
Kindred
1:00 3:10 5:10 7:15 9:25

Platoon (R)
1:25 4:05 7:00 9:20

Over The Top (PG)
1:05 3:10 5:10 7:15 & 9:15

Mannequin (PG)
1:15 3:15 5:25 7:25 9:30
Andrew McCarthy

From the Hip (PG)
1:25 4:10 7:00 9:20
Judd Nelson Elizabeth Perkins

Light of Day (PG 13)
1:20 4:00 7:00 9:15
Michael J. Fox Joan Jett

Outrageous Fortune (R)
1:05 3:20 5:15 7:20 9:25

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Come help support Vicki Schmitt at a fundraiser on Friday, March 13 at Gomer's 9 p.m.-1 a.m.. A \$5 cover charge will be asked.

Puzzle Answers:

- Mass., Maine, New Hampshire, Virginia, Conn., Rhode Island = New England
- One bird in the hand = two in the bush
- 8 days - 24 hours = one week
- 3 pairs = 6
- Hour hand and minute hand at 12 = noon or midnight
- 4 jacks, 4 queens, 4 kings = all the face cards
- Sunday, Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, Sunday are the days of the week
- Army, Navy, Air Force, Marine Corps, Coast Guard are armed forces
- Texas is Lone Star State
- 23 years - 3 = 2 decades
- Eight - 8 = Zero
- Yesterday + 2 days = tomorrow
- Christmas + 6 days = New Years Eve
- Year - summer, spring and autumn = winter
- Adam and Eve were in the Garden of Eden
- "No news is good news."
- Nina, Pinta and the Santa Maria were ships of Columbus
- 1 + 6 zeros = a million
- "Rose is a rose is a rose."
- Abraham Lincoln, John Garfield, William McKinley and John Kennedy were all assassinated

The B

by Theresa Trenkamp
Two foreign exchange students from Sao Paulo, Brazil found a bit of home in Braidwood one night in February, the night Sullivan, a freshman

Sullivan met Livia Maria DiCicco a few days after her arrival at Clarke in January. Discovering that DiCicco was from Sao Paulo, Brazil, remembered that she had a friend who was staying at Eduardo Lande's house. Eduardo Lande was a friend of Sullivan's. Lande also from Sao Paulo, but they had never met.

Sullivan got Lande's home address and gave it to DiCicco. DiCicco who forwarded the address to her mother. DiCicco's mother then contacted Lande by phone. Their conversations were about their children and their activities in America. Sullivan decided to make arrangements for the Brazilian



Livia Maria DiCicco and Julao standing together. (photo by Sue Dixon)

Summer S

by Cindy Vande Drink

Students who enroll in Clarke College's summer school programs expect a wide range of choices in liberal arts curriculum. Summer sessions provide concentrated times areas of education across the tri-college graduate areas of education. The tri-college graduate areas undergo some new changes this coming summer. Instead of four sessions, last three weeks each, Clarke will have each. The first session will begin May 11 and go through June 4. The other sessions begin on June 8 and July 6.

Inga Schilling, coordinator of adult services, said that three week sessions tend to condense material too much. "Many students like a May inter because it helps keep the flow going after the spring semester ends," said Schilling. Another change for the summer program is that classes will be held Monday through Thursday, instead of Monday through Friday. The